

TRIGONOMETRICAL IDENTITIES AND INEQUALITIES

OVIDIU T. POP¹, MIHALY BENCZE²

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Abstract. *In this paper we present some new identities and inequalities in triangles and quadrilaterals, continuing the idea from [1].*

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1. IDENTITIES AND INEQUALITIES IN TRIANGLES

In the following, let the triangle ABC with the sides $AB = c$, $BC = a$, $CA = b$, the measurements of angles A, B, C , s the semiperimeter, R the circumradius, r the inradius and T the area.

Theorem 1.1. The identity

$$\left((a-b) \cos \frac{C}{2} \right)^2 + \left((a+b) \sin \frac{C}{2} \right)^2 = c^2 \quad (1.1.)$$

and his permutations hold.

Proof: 1. We have

$$\begin{aligned} & \left((a-b) \cos \frac{C}{2} \right)^2 + \left((a+b) \sin \frac{C}{2} \right)^2 = \\ & = (a-b)^2 \frac{s(s-c)}{ab} + (a+b)^2 \frac{(s-a)(s-b)}{ab} = \\ & = (a-b)^2 \frac{(a+b)^2 - c^2}{4ab} + (a+b)^2 \frac{c^2 - (a-b)^2}{4ab} = \\ & = \frac{c^2}{4ab} \left[(a+b)^2 - (a-b)^2 \right], \end{aligned}$$

from where (1.1) results.

2. We have

$$\begin{aligned} & \left((a-b) \cos \frac{C}{2} \right)^2 + \left((a+b) \sin \frac{C}{2} \right)^2 = \\ & = a^2 \cos^2 \frac{C}{2} - 2ab \cos^2 \frac{C}{2} + b^2 \cos^2 \frac{C}{2} + a^2 \sin^2 \frac{C}{2} + 2ab \sin^2 \frac{C}{2} + b^2 \sin^2 \frac{C}{2} = \end{aligned}$$

¹ National College "Mihai Eminescu", 440014, Satu Mare, Romania. E-mail: ovidiutiberiu@yahoo.com.

² National College Aprily Lajos, 500026, Brasov, Romania. E-mail: benczemihaly@yahoo.com.

$$\begin{aligned}
 &= a^2 + b^2 - 2ab \left(\cos^2 \frac{C}{2} - \sin^2 \frac{C}{2} \right) = \\
 &= a^2 + b^2 - 2ab \cos C = c^2
 \end{aligned}$$

so identity (1.1) is true. \square

Corollary 1.1. The following statements

- 1) $C = \frac{\pi}{3}$ if and only if $a^2 - ab + b^2 = c^2$
- 2) $C = \frac{\pi}{5}$ if and only if $2(a^2 + b^2) - (\sqrt{5} + 1)ab = 2c^2$
- 3) $C = \frac{\pi}{2}$ if and only if $a^2 + b^2 = c^2$
- 4) $C = \frac{2\pi}{3}$ if and only if $a^2 + ab + b^2 = c^2$

hold.

Proof. In the Theorem 1.1 we take $C \in \left\{ \frac{\pi}{3}, \frac{\pi}{5}, \frac{\pi}{2}, \frac{2\pi}{3} \right\}$ \square

Remark 1.1. The statement 3) from Corollary 1.1 is the well-known Pitagora's theorem.

Corollary 1.2. The inequalities

$$\sin \frac{C}{2} \leq \frac{c}{a+b} \quad (1.2)$$

$$|a-b| \cos \frac{C}{2} < c \quad (1.3)$$

and his permutations hold.

Proof. From (1.1) it results that $(a+b)^2 \sin^2 \frac{C}{2} \leq c^2$ and $(a-b)^2 \cos^2 \frac{C}{2} \leq c^2$, from where (1.2) and (1.3) results. In (1.2) the equality holds if and only if $a = b$. In (1.3) we can't have equality because $(a+b) \sin \frac{C}{2} \neq 0$. \square

Remark 1.2. The inequality (1.2) appears in [1].

Remark 1.3. If $C = \frac{\pi}{2}$, from (1.2) the following well-known inequality $a + b \leq c\sqrt{2}$ results.

Corollary 1.3. We have

$$\frac{r}{4R} \leq \frac{2Rr}{s^2 + r^2 + 2Rr} \leq \frac{1}{8} \quad (1.4)$$

and

$$|(a-b)(b-c)(c-a)| < 16R^2r \quad (1.5)$$

Proof. Using (1.2) we obtain that $\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \leq \frac{abc}{(a+b)(b+c)(c+a)}$.

But

$$\begin{aligned}\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} &= \frac{r}{4R}, \\ abc &= 4RT = 4srR, \\ (a+b)(b+c)(c+a) &= (2s-c)(2s-a)(2s-b) = 2s(s^2 + r^2 + 2Rr), \\ \frac{abc}{(a+b)(b+c)(c+a)} &\leq \frac{1}{8}\end{aligned}$$

and then (1.4) results.

From (1.3) we have that $|(a-b)(b-c)(c-a)| < \frac{abc}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}}$ and taking $\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} = \frac{s}{4R}$ into account, inequality (1.5) results. \square

Remark 1.4. The inequality (1.4) is a refinement of Euler's $R \geq 2r$ inequality.

Corollary 1.4. The identity

$$\left((a-b) \cos \frac{C}{2} \right)^6 + \left((a+b) \sin \frac{C}{2} \right)^6 + \frac{3}{4} (a^2 - b^2)^2 c^2 \sin^2 C = c^6 \quad (1.6)$$

and his permutations hold.

Proof. Taking into account that $x + y + z = 0$ then $x^3 + y^3 + z^3 = 3xyz$.

Therefore, we take $x = \left((a-b) \cos \frac{C}{2} \right)^2$, $y = \left((a+b) \sin \frac{C}{2} \right)^2$ and $z = -c^2$. \square

Theorem 1.2. If $\alpha \geq 1$, then

$$\left(|a-b| \cos \frac{C}{2} \right)^{2\alpha} + \left((a+b) \sin \frac{C}{2} \right)^{2\alpha} \geq 2^{1-\alpha} c^{2\alpha} \quad (1.7)$$

and his permutations hold and if $\alpha \in (0,1)$, then

$$\left(|a-b| \cos \frac{C}{2} \right)^{2\alpha} + \left((a+b) \sin \frac{C}{2} \right)^{2\alpha} \leq 2^{1-\alpha} c^{2\alpha} \quad (1.8)$$

and his permutations hold.

Proof. The function $f : (0, \infty) \rightarrow \mathbb{R}$, $f(x) = x^\alpha$ is a convex function for $\alpha \geq 1$ and then we have that

$$\left(|a-b| \cos \frac{C}{2} \right)^{2\alpha} + \left((a+b) \sin \frac{C}{2} \right)^{2\alpha} \geq 2 \left(\frac{\left(|a-b| \cos \frac{C}{2} \right)^2 + \left((a+b) \sin \frac{C}{2} \right)^2}{2} \right)^\alpha.$$

Taking (1.1) into account, we obtain (1.7). If $\alpha \in (0,1)$, the function f is a concave function and the proof is similarly. \square

Remark 1.5. The equality in (1.7) or (1.8) holds if and only if $|a-b|\cos\frac{C}{2}=(a+b)\sin\frac{C}{2}$, equivalent with $(a-b)^2\frac{s(s-c)}{ab}=(a+b)^2\frac{s(s-c)}{ab}$, from where $c^2(a^2+b^2)=(a-b)^2(a+b)^2$, so $c=\frac{|a-b|(a+b)}{\sqrt{a^2+b^2}}$.

Corollary 1.5. The following inequality

$$|a-b|\cos\frac{C}{2}+(a+b)\sin\frac{C}{2}\leq c\sqrt{2} \quad (1.9)$$

and his permutations hold.

Proof. It results from Theorem 1.2 for $\alpha=\frac{1}{2}$. □

Remark 1.6. The inequality (1.9) appears in [1].

Corollary 1.6. The inequalities

$$|a-b|^{\cos^2\frac{C}{2}}(a+b)^{\sin^2\frac{C}{2}}\leq c \quad (1.10)$$

and

$$\left(\cos\frac{C}{2}\right)^{(a-b)^2}\left(\sin\frac{C}{2}\right)^{(a+b)^2}\leq\left(\frac{c^2}{2(a^2+b^2)}\right)^{a^2+b^2} \quad (1.11)$$

hold.

Proof. Using the weighted *AM – GM* inequality, we obtain

$$\frac{c^2}{1}=\frac{\left((a-b)\cos\frac{C}{2}\right)^2+\left((a+b)\sin\frac{C}{2}\right)^2}{\cos^2\frac{C}{2}+\sin^2\frac{C}{2}}\geq\left(|a-b|^{2\cos^2\frac{C}{2}}(a+b)^{2\sin^2\frac{C}{2}}\right)^{\frac{1}{\cos^2\frac{C}{2}+\sin^2\frac{C}{2}}}$$

from where (1.10) results.

Similarly

$$\frac{c^2}{2(a^2+b^2)}=\frac{\left((a-b)\cos\frac{C}{2}\right)^2+\left((a+b)\sin\frac{C}{2}\right)^2}{(a-b)^2+(a+b)^2}\geq\left[\left(\cos\frac{C}{2}\right)^{2(a-b)^2}\left(\sin\frac{C}{2}\right)^{2(a+b)^2}\right]^{\frac{1}{(a-b)^2+(a+b)^2}}$$

from where (1.11) results. □

Corollary 1.7. The following inequalities

$$c^2\geq|a^2-b^2|\sin C, \quad (1.12)$$

$$|a^2-b^2|c+|b^2-c^2|a+|c^2-a^2|b\leq 4R(s^2-r^2-4Rr) \quad (1.13)$$

and

$$|(a-b)(b-c)(c-a)|\leq\frac{16R^4r}{s^2+r^2+2Rr} \quad (1.14)$$

hold.

Proof. Using the *AM – GM* inequality, we have that

$$c^2 = \left((a-b) \cos \frac{C}{2} \right)^2 + \left((a+b) \sin \frac{C}{2} \right)^2 \geq 2 \sqrt{(a-b)^2 (a+b)^2 \cos^2 \frac{C}{2} \sin^2 \frac{C}{2}} = |a^2 - b^2| \sin C,$$

so (1.12). Taking (1.12) into account, we have

$$\begin{aligned} 2(s^2 - r^2 - 4R) &= a^2 + b^2 + c^2 \geq |a^2 - b^2| \sin C + |b^2 - c^2| \sin A + |c^2 - a^2| \sin B = \\ &= \frac{1}{2R} (|a^2 - b^2|c + |b^2 - c^2|a + |c^2 - a^2|b) \end{aligned}$$

and the inequality (1.13) is proved. Using (1.12) we have

$$16s^2 R^2 r^2 = a^2 b^2 c^2 \geq |(a-b)(b-c)(c-a)|(a+b)(b+c)(c+a) \sin A \sin B \sin C$$

and taking into account that

$$(a+b)(b+c)(c+a) = 2s(s^2 + r^2 + 2Rr), \quad \sin A = \frac{a}{2R}, \quad \sin B = \frac{b}{2R}, \quad \sin C = \frac{c}{2R},$$

the inequality (1.14) is obtained. \square

Corollary 1.8. The inequality

$$4\sqrt{2}(s^2 - r^2 - 4Rr)R \leq \sqrt{((4R+r)^2 - s^2) \sum (a-b)^4} + \sqrt{(8R^2 + r^2 - s^2) \sum (a+b)^4} \quad (1.15)$$

holds.

Proof. Using the $C - B - S$ inequality, we have

$$\begin{aligned} 2(s^2 - r^2 - 4Rr) &= \sum c^2 = \sum (a-b)^2 \cos^2 \frac{C}{2} + \sum (a+b)^2 \sin^2 \frac{C}{2} \\ &\leq \sqrt{\left(\sum (a-b)^4 \right) \left(\sum \cos^4 \frac{C}{2} \right)} + \sqrt{\left(\sum (a+b)^4 \right) \left(\sum \sin^4 \frac{C}{2} \right)} = \\ &= \sqrt{\frac{(4R+r)^2 - s^2}{8R^2} \sum (a-b)^4} + \sqrt{\frac{8R^2 + r^2 - s^2}{8R^2} \sum (a+b)^4} \end{aligned}$$

from where the inequality (1.15) results. \square

Corollary 1.9. The following inequalities

$$c \leq |a-b| \cos \frac{C}{2} + (a+b) \sin \frac{C}{2}, \quad (1.16)$$

$$\sqrt{2} \left(|a-b| \cos \frac{C}{2} + (a+b) \sin \frac{C}{2} \right) \geq c + \sqrt{|a^2 - b^2| \sin C} \quad (1.17)$$

and his permutations hold.

Proof. The identity from (1.1) is equivalent with

$$\left(|a-b| \cos \frac{C}{2} + (a+b) \sin \frac{C}{2} \right)^2 - |a-b|(a+b) \sin C = c^2$$

from where (1.16) results. We have that

$$\left(|a-b| \cos \frac{C}{2} + (a+b) \sin \frac{C}{2} \right)^2 = c^2 + |a^2 - b^2| \sin C \geq \frac{1}{2} \left(c + \sqrt{|a^2 - b^2| \sin C} \right)^2$$

from where we obtain (1.17). \square

Corollary 1.10. The inequalities

$$2s \leq \sum 2|a-b|\cos\frac{C}{2} + \sum (a+b)\sin\frac{C}{2} \leq \min\left\{2\sqrt{2}s, 2\sqrt{3(s^2-r^2-4Rr)}\right\} \quad (1.18)$$

hold.

Proof. Taking Corollary 1.5 into account we have that

$$\sum |a-b|\cos\frac{C}{2} + \sum (a+b)\sin\frac{C}{2} \leq \sum c\sqrt{2} = 2\sqrt{2}s.$$

In another order, we have that

$$\begin{aligned} \sum |a-b|\cos\frac{C}{2} + \sum (a+b)\sin\frac{C}{2} &\leq 6\sqrt{\frac{1}{6}\left(\sum\left(|a-b|\cos\frac{C}{2}\right)^2 + \left(\sum(a+b)\sin\frac{C}{2}\right)^2\right)} = \\ &= 6\sqrt{\frac{1}{6}\sum c^2} = 2\sqrt{3(s^2-r^2-4Rr)} \end{aligned}$$

From the inequalities (1.18) demonstrated above, the second inequality from (1.18) is true.

The first inequality from (1.18) results immediately from the (1.16) inequality. \square

Corollary 1.11. The following inequalities

$$\begin{aligned} \sqrt{\sum\left(|a-b|\cos\frac{C}{2} + (a+b)\sin\frac{C}{2}\right)^2} &\leq \sqrt{\sum\left((a-b)\cos\frac{C}{2}\right)^2} + \\ &+ \sqrt{\sum\left((a+b)\sin\frac{C}{2}\right)^2} \leq 2\sqrt{s^2-r^2-4Rr} \end{aligned} \quad (1.19).$$

are true.

Proof. Using the Minkowski inequality and $|x+y| \leq \sqrt{2(x^2+y^2)}$ inequality, we have that

$$\begin{aligned} \sqrt{\sum\left(|a-b|\cos\frac{C}{2} + (a+b)\sin\frac{C}{2}\right)^2} &\leq \sqrt{\sum\left((a-b)\cos\frac{C}{2}\right)^2} + \sqrt{\sum\left((a+b)\sin\frac{C}{2}\right)^2} \\ &\leq \sqrt{2\sum\left(\left((a-b)\cos\frac{C}{2}\right)^2 + \left((a+b)\sin\frac{C}{2}\right)^2\right)} = \sqrt{2\sum c^2}, \end{aligned}$$

from where inequality (1.19) results. \square

2. IDENTITIES AND INEQUALITIES IN QUADRILATERALS

In the following, let the convex quadrilateral $ABCD$ with the sides $AB = a$, $BC = b$, $CD = c$, $DA = d$, the diagonals $BD = e$, $AC = f$, the measure of angles equal with A , B , C , respectively D , s , R , r , T denote the semiperimeter, circumradius, inradius and area.

Theorem 2.1. The identity

$$\left((a-d)\cos\frac{A}{2}\right)^2 + \left((a+d)\sin\frac{A}{2}\right)^2 = \left((b-c)\cos\frac{C}{2}\right)^2 + \left((b+c)\sin\frac{C}{2}\right)^2 \quad (2.1)$$

and his permutations hold.

Proof. Applying Theorem 1.1 in the triangles ABC and BCD , we have that

$$BD^2 = \left((a-d) \cos \frac{A}{2} \right)^2 + \left((a+d) \sin \frac{A}{2} \right)^2$$

and

$$BD^2 = \left((b-c) \cos \frac{C}{2} \right)^2 + \left((b+c) \sin \frac{C}{2} \right)^2$$

from where the identity (2.1) results. \square

Corollary 2.1. If ABCD is a cyclic quadrilateral, then the identities

$$\left((a-d) \cos \frac{A}{2} \right)^2 + \left((a+d) \sin \frac{A}{2} \right)^2 = \left((b-c) \sin \frac{A}{2} \right)^2 + \left((b+c) \cos \frac{A}{2} \right)^2, \quad (2.2)$$

$$\sin^2 \frac{A}{2} = \frac{(b+c)^2 - (a-d)^2}{4(ad+bc)} \quad (2.3)$$

and his permutations hold.

Proof. In Theorem 2.1 we take $C = \pi - A$. \square

Corollary 2.2. Let ABCD be a cyclic quadrilateral. Then

1. $A = \frac{\pi}{2}$ if and only if $a^2 + d^2 = b^2 + c^2$;
2. $A = \frac{\pi}{3}$ if and only if $a^2 + d^2 - ad = b^2 + c^2 + bc$;
3. $A = \frac{\pi}{5}$ if and only if $2(a^2 + d^2) - (\sqrt{5} + 1)ad = 2(b^2 + c^2) + (\sqrt{5} + 1)bc$

and

4. $A = \frac{2\pi}{3}$ if and only if $a^2 + d^2 + ad = b^2 + c^2 - bc$.

Proof. It results from relation (2.1). \square

Corollary 2.3. If ABCD is a cyclic quadrilateral, then

$$(ac+bd)^2 = \left(\left((a-d) \cos \frac{A}{2} \right)^2 + \left((a+d) \sin \frac{A}{2} \right)^2 \right) \cdot \left(\left((c-d) \cos \frac{D}{2} \right)^2 + \left((c+d) \sin \frac{D}{2} \right)^2 \right) \quad (2.4)$$

and

$$\left(\frac{ab+cd}{ad+bc} \right)^2 = \frac{\left((a-d) \cos \frac{A}{2} \right)^2 + \left((a+d) \sin \frac{A}{2} \right)^2}{\left((c-d) \cos \frac{D}{2} \right)^2 + \left((c+d) \sin \frac{D}{2} \right)^2}. \quad (2.5)$$

Proof. We have

$$BD^2 = \left((a-d) \cos \frac{A}{2} \right)^2 + \left((a+d) \sin \frac{A}{2} \right)^2$$

and

$$AC^2 = \left((c-d) \cos \frac{D}{2} \right)^2 + \left((c+d) \sin \frac{D}{2} \right)^2.$$

Now, using the Ptolemy's first and second theorem, we obtain the relations (2.4) and (2.5). \square

Theorem 2.2. The following inequalities

$$e \geq \max \left\{ (a+d) \sin \frac{A}{2}, (b+c) \sin \frac{C}{2} \right\}, \quad (2.6)$$

with the equality if and only if $a = d$ or $b = c$,

$$f \geq \max \left\{ (a+b) \sin \frac{B}{2}, (c+d) \sin \frac{D}{2} \right\}, \quad (2.7)$$

with the equality if and only if $a = b$ or $c = d$,

$$e > \max \left\{ |a-d| \cos \frac{A}{2}, |b-c| \cos \frac{C}{2} \right\} \quad (2.8)$$

and

$$f > \max \left\{ |a-b| \cos \frac{B}{2}, |c-d| \cos \frac{D}{2} \right\} \quad (2.9)$$

hold.

Proof. It results from the proof of Theorem 2.1. \square

Theorem 2.3. If $\alpha \geq 1$, then

$$\left(|a-d| \cos \frac{A}{2} \right)^{2\alpha} + \left((a+d) \sin \frac{A}{2} \right)^{2\alpha} + \left(|b-c| \cos \frac{C}{2} \right)^{2\alpha} + \left((b+c) \sin \frac{C}{2} \right)^{2\alpha} \geq 2^{2-\alpha} e^{2\alpha} \quad (2.10)$$

and similarly for f , and if $\alpha \in (0,1)$ then

$$\left(|a-d| \cos \frac{A}{2} \right)^{2\alpha} + \left((a+d) \sin \frac{A}{2} \right)^{2\alpha} + \left(|b-c| \cos \frac{C}{2} \right)^{2\alpha} + \left((b+c) \sin \frac{C}{2} \right)^{2\alpha} \leq 2^{2-\alpha} e^{2\alpha} \quad (2.11)$$

and similarly for f .

Proof. See the proof of Theorem 1.2. \square

Corollary 2.4. The following inequalities

$$|a-d| \cos \frac{A}{2} + (a+d) \sin \frac{A}{2} + |b-c| \cos \frac{C}{2} + (b+c) \sin \frac{C}{2} \leq 2e\sqrt{2} \quad (2.12)$$

and

$$|a-b| \cos \frac{B}{2} + (a+b) \sin \frac{B}{2} + |c-d| \cos \frac{D}{2} + (c+d) \sin \frac{D}{2} \leq 2f\sqrt{2} \quad (2.13)$$

hold.

Proof. It results from Theorem 2.3 for $\alpha = \frac{1}{2}$. \square

We recall the following well-known identities from cyclic and tangential quadrilaterals

$$ef = 2r(\sqrt{4R^2 + r^2} + r), \quad (2.14)$$

$$\sum a = 2s, \quad (2.15)$$

$$\sum abc = sef, \quad (2.16)$$

$$abcd = r^2 s^2 = T^2, \quad (2.17)$$

$$(ab+cd)(ad+bc) = s^2 (ef - 4r^2), \quad (2.18)$$

$$R^2 = \frac{(ab+cd)(ad+bc)ef}{16r^2s^2}, \quad (2.19)$$

(see [5] and [6]).

In the following we consider that $ABCD$ is a cyclic and tangential quadrilateral.

Lemma 2.1. The identity

$$\sin \frac{A}{2} = \sqrt{\frac{bc}{ad+bc}} \quad (2.20)$$

and his permutations hold.

Proof. From (2.3) we have that $\sin^2 \frac{A}{2} = \frac{(b+c-a+d)(b+c+a-d)}{4(ad+bc)}$ and taking into account that $a+c=b+d$, relation (2.20) results. \square

Lemma 2.2. The following identity

$$(a+b)(b+c)(c+d)(d+a) = 4r \left[2r(2R^2+r^2) + (s^2+2r^2)\sqrt{4R^2+r^2} \right] \quad (2.21)$$

holds.

Proof. On verify immediately that

$$(a+b)(b+c)(c+d)(d+a) = \left(\sum a\right)\left(\sum abc\right) + (ac+bd)^2 - 4abcd$$

and taking into account that $ac+bd=ef$ and the relations (2.14)-(2.16), the identity (2.21) results. \square

Theorem 2.4. The following inequalities

$$\left(\frac{R}{r}\right)^2 \geq \frac{\sqrt{2 \left[(4R^2 - s^2)r\sqrt{4R^2 + r^2} + 4R^2(r^2 + s^2) + r^2s^2 \right]}}{8r^2} \geq 2 \quad (2.22)$$

hold.

Proof. From (2.19), (2.6), (2.7), (2.17) and (2.20) we have

$$\begin{aligned} \frac{R^2}{r^2} &= \frac{(ab+cd)(ad+bc)\sqrt{e^2s^2}}{16r^4s^2} \\ &\geq \frac{(ab+cd)(ad+bc)\sqrt{(a+d)\sin \frac{A}{2}(b+c)\sin \frac{C}{2}(a+b)\sin \frac{B}{2}(c+d)\sin \frac{D}{2}}}{16r^4s^2} \\ &= \frac{(ab+cd)(ad+bc)\sqrt{(a+b)(b+c)(c+d)(d+a)\frac{abcd}{(ab+cd)(ad+bc)}}}{16r^4s^2}, \end{aligned}$$

so

$$\left(\frac{R}{r}\right)^2 = \frac{\sqrt{(ab+cd)(ad+bc)(a+b)(b+c)(c+d)(d+a)}}{16r^3s}. \quad (2.23)$$

Taking (2.14)-(2.19) and (2.21) into account, from (2.23) we have

$$\left(\frac{R}{r}\right)^2 \geq \frac{\sqrt{s^2 2r \left(\sqrt{4R^2 + r^2} - r \right) 4r \left[2r(2R^2 + r^2) + (s^2 + 2r^2)\sqrt{4R^2 + r^2} \right]}}{16r^3s},$$

from where the first inequality from (2.22) results.

On the other hand, from (2.23) we have that

$$\begin{aligned} & \frac{\sqrt{(ab+cd)(ad+bc)(a+b)(b+c)(c+d)(d+a)}}{16r^3s} = \\ & = \frac{s^2 \sqrt{(ab+cd)(ad+bc)(a+b)(b+c)(c+d)(d+a)}}{16(\sqrt{abcd})^3}. \end{aligned} \quad (2.24)$$

But

$$\begin{aligned} p^2 & \geq 4\sqrt{abcd}, \\ ab+cd & \geq 2\sqrt{abcd}, \\ ad+bc & \geq 2\sqrt{abcd}, \\ (a+b)(b+c)(c+d)(d+a) & \geq 16abcd \end{aligned}$$

and then, from (2.24) we obtain the second inequality from (2.22). \square

Corollary 2.5. (L. Fejes Tóth inequality) If $ABCD$ is a cyclic and tangential quadrilateral, then

$$R \geq r\sqrt{2}. \quad (2.25)$$

Proof. This inequality it results from Theorem 2.4, from the inequality $\left(\frac{R}{r}\right)^2 \geq 2$. The equality holds if and only if $ABCD$ is a square. \square

Remark 2.1. The inequality (2.22) is a refinement of L. Fejes Tóth's $R \geq r\sqrt{2}$ inequality.

Corollary 2.6. The following inequality

$$|(a-b)(b-c)(c-d)(d-a)| < 32R^2r(\sqrt{4R^2+r^2}+r) \quad (2.26)$$

holds.

Proof. From the relation (2.20) it results immediately that

$$\cos \frac{A}{2} = \sqrt{\frac{ad}{ad+bc}} \quad (2.27)$$

and his permutations. From (2.8), (2.9) and taking (2.27) into account, we have that

$$\begin{aligned} e^2 f^2 & > |a-d| \cos \frac{A}{2} |b-c| \cos \frac{C}{2} |a-b| \cos \frac{B}{2} |c-d| \cos \frac{D}{2} \\ & = |(a-b)(b-c)(c-d)(d-a)| \frac{abcd}{(ab+cd)(ad+bc)}. \end{aligned}$$

Using the relations (2.14) and (2.18), the inequality above becomes

$$|(a-b)(b-c)(c-d)(d-a)| < \frac{4R^2 \left(\sqrt{4R^2+r^2}+r\right)^2 \cdot s^2 \cdot 2r \left(\sqrt{4R^2+r^2}-r\right)}{r^2 s^2},$$

from where the inequality (2.26) results. \square

Lemma 2.3. The following

$$\sin A \sin B = \frac{r \left(\sqrt{4R^2+r^2}+r\right)}{2R^2} \geq \frac{2r^2}{R^2} \quad (2.28)$$

holds.

Proof. We have $\sin A = 2 \sin \frac{A}{2} \cos \frac{A}{2}$ and taking (2.20), (2.27), (2.17) into account we obtain

$$\text{that } \sin A = \frac{2T}{ad+bc} \text{ and similarly } \sin B = \frac{2T}{ab+cd}. \text{ Then } \sin A \sin B = \frac{4T^2}{(ab+cd)(ad+bc)}$$

and taking (2.18), (2.14) and (2.17) into account, the identity from (2.28) results. Using the Fejes Tóth inequality, the inequality from (2.28) results. \square

Theorem 2.5. The following inequalities

$$\begin{aligned} \frac{r\sqrt{2}}{R} &\leq \frac{\sqrt{2}}{4R} \left(\sqrt{r(\sqrt{4R^2+r^2}+r)} + 2r \right) \leq \frac{1}{2} \left(\cos \frac{A-B}{2} + \frac{r\sqrt{2}}{R} \right) \leq \\ &\leq \frac{1}{2} \left(\cos \frac{A-B}{2} + \frac{\sqrt{2r(\sqrt{4R^2+r^2}+r)}}{2R} \right) \\ &\leq \frac{1}{4} \left(\cos \frac{A-B}{2} + \cos \frac{B-C}{2} + \cos \frac{C-D}{2} + \cos \frac{D-A}{2} \right) \leq \\ &\leq \frac{2 + \sin A + \sin B}{4} \leq 1 \end{aligned} \quad (2.29)$$

hold.

$$\text{Proof. We note } E = \frac{1}{4} \left(\cos \frac{A-B}{2} + \cos \frac{B-C}{2} + \cos \frac{C-D}{2} + \cos \frac{D-A}{2} \right).$$

Then taking $A+C=B+D=\pi$ into account, we have

$$\begin{aligned} E &= \frac{1}{4} \left(\cos \frac{A}{2} \cos \frac{B}{2} + \sin \frac{A}{2} \sin \frac{B}{2} + \cos \frac{B}{2} \cos \frac{C}{2} + \sin \frac{B}{2} \sin \frac{C}{2} + \right. \\ &\quad \left. + \cos \frac{C}{2} \cos \frac{D}{2} + \sin \frac{C}{2} \sin \frac{D}{2} + \cos \frac{D}{2} \cos \frac{A}{2} + \sin \frac{D}{2} \sin \frac{A}{2} \right) = \\ &= \frac{1}{2} \left(\cos \frac{A}{2} \cos \frac{B}{2} + \sin \frac{A}{2} \sin \frac{B}{2} + \cos \frac{B}{2} \sin \frac{A}{2} + \sin \frac{B}{2} \cos \frac{A}{2} \right) = \\ &= \frac{1}{2} \left(\sin \frac{A}{2} + \cos \frac{A}{2} \right) \left(\sin \frac{B}{2} + \cos \frac{B}{2} \right). \end{aligned}$$

$$\text{But } E \leq \frac{\left(\sin \frac{A}{2} + \cos \frac{A}{2} \right)^2 + \left(\sin \frac{B}{2} + \cos \frac{B}{2} \right)^2}{4} = \frac{2 + \sin A + \sin B}{4},$$

$$\text{so } E \leq \frac{2 + \sin A + \sin B}{4} \leq 1. \quad (2.30)$$

On the other hand,

$$E \geq \frac{1}{2} \left(\sqrt{\sin \frac{A}{2} \sin \frac{B}{2}} + \sqrt{\cos \frac{A}{2} \cos \frac{B}{2}} \right)^2 = \frac{1}{2} \left(\cos \frac{A-B}{2} + \sqrt{\sin A \sin B} \right)$$

and using the relation (2.28), we obtain that

$$E \geq \frac{1}{2} \left(\cos \frac{A-B}{2} + \frac{\sqrt{2r(\sqrt{4R^2+r^2}+r)}}{2R} \right) \geq \frac{1}{2} \left(\cos \frac{A-B}{2} + \frac{r\sqrt{2}}{R} \right). \quad (2.31)$$

But

$$\cos \frac{A-B}{2} = \cos \frac{A}{2} \cos \frac{B}{2} + \sin \frac{A}{2} \sin \frac{B}{2} \geq 2 \sqrt{\cos \frac{A}{2} \cos \frac{B}{2} \sin \frac{A}{2} \sin \frac{B}{2}} = \sqrt{\sin A \sin B}$$

and taking (2.28) into account, we obtain that

$$\cos \frac{A-B}{2} \geq \frac{\sqrt{2r(\sqrt{4R^2 + r^2} + r)}}{2R} \geq \frac{r\sqrt{2}}{R}. \quad (2.32)$$

From (2.30)-(2.32), it results the inequalities from (2.29). \square

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